









Model Curriculum

QP Name: Assistant Dress Maker (Divyangjan)-ID

QP Code: PWD/JSS/ADM/2022

QP Version: 1.0

NSQF Level: 2

Model Curriculum Version: 1.0

Expository: Intellectual Disability (E005)









Table of Contents

Training Parameters	3
Program Overview	4
Training Outcomes	5
Compulsory Modules	5
Module Details	5
Module 1: Bridge Module	5
Module 2: Identification & maintenance of tools & equipment	6
Module 3: Cutting, Drafting & Basic Techniques of Dress Making	7
Module 4: Sewing of various categories of Clothing (Men's, Women's & Children's wear)	8
Module 5: Alteration & Correction	9
Module 6: Employability Skills for Persons with Disabilities(70 Hours)	10
Annexure	12
Trainer Requirements	12
Assessor Requirements	13
Assessment Strategy	14
References	15
Glossary	16
Acronyms and Abbreviations	17









Training Parameters

Sector	Jan Shikshan Sansthan		
Sub-Sector	Apparel		
Occupation	Dress Making		
Country	India		
NSQF Level	2		
Aligned to NCO/ISCO/ISIC Code	NCO-2015/7531.0100		
Minimum Educational Qualification and	No formal education		
Experience	OR May require ability to read and write for some qualifications		
Pre-Requisite License or Training	NA		
Minimum Job Entry Age	15 Years		
Last Reviewed On	28.04.2022		
Next Review Date	28.04.2026		
NSQC Approval Date	22.10.2024		
QP Version	1.0		
Model Curriculum Creation Date	28.04.2022		
Model Curriculum Valid Up to Date	28.04.2026		
Model Curriculum Version	1.0		
Minimum Duration of the Course	580 hrs		
Maximum Duration of the Course	580 hrs		









Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Maintain work area, tools, and equipment
- Draft and cut the fabric by using appropriate methods
- Carry out cutting of various categories of clothing
- Carry out sewing of children, women, and men's wear
- Carry out alteration & Damp; correction as per need

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Bridge ModulePWD/M/ID/04 V1.0	30:00	180:00	00:00	00:00	210:00
Module 1: (Bridge Module): Personal Adequacy, Social Behavior and CommunicationPWD/M/ID /04 V1.0	10:00	80:00	00:00	00:00	90:00
Module 2 (Bridge Module): Work Related SkillsPWD/M/ID/04 V1.0	20:00	100:00	00:00	00:00	120:00
PWD/N1501 - Identification & maintenance of tools & equipment NOS Version No 1.0 NSQF Level 2	05:00	10:00+10:0	00:00	00:00	25:00
Bridge Module(s)	02:00	3:00+3:00	00:00	00:00	08:00
Identification & maintenance of tools & equipment	03:00	07:00+07:0 0	00:00	00:00	17:00
PWD/N1502 - Cutting, Drafting & Basic Techniques of Dress Making PWD/N1502 NOS Version No 1.0 NSQF Level 2	20:00	50:00+45:0	00:00	00:00	115:00
PWD/N1503 - Sewing of various categories of Clothing (Men's, Women's & Children's wear) NOS Version No 1.0	15:00	60:00+60:0	00:00	00:00	135:00









Total Duration	145:00	435:00	00:00	00:00	580:00
NOS Version No. – 1.0 NSQF Level – 4					
(70 hours) PWD/N0501					
Persons with Disabilities					
Employability Skills for	70:00	00:00	00:00	00:00	70:00
NSQF Level 2					
NOS Version No 1.0					
Alteration & Correction		0			
PWD/N1504 -	05:00	10:00+10:0	00:00	00:00	25:00
,					
NSQF Level 2					RE\$ IMAGINE FUTURE









Module Details

Module 1: Personal Adequacy, Social Behavior and CommunicationBridge Module PWD/M/ID/04 V1.0

Terminal Outcomes:

- Demonstrate how to take care of daily routine activities, responsibility and safety of self and others
- Demonstrate knowledge of common places, people in the surrounding environment
- Demonstrate use of social courtesies towards elders and peers
- Discuss ways to manage various hazards

Duration: 10:00	Duration: 80:00		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Discuss the importance of personal grooming and hygiene Identify designated area to keep personal belongings. Identify potential safety hazards in the surrounding such as electrical switches/wires, sharp and pointed objects, etc. Explain the difference between good and bad touch Identify common places around home and workspace as, nearby market, dairy, pantry, office. Explain general guidelines/norms regarding their rights and responsibility at workplace in context of their assignment/work profile. Explain daily routine activities when asked using 2–3 words, sentences, or gestures 	 Give self-introduction Demonstrate proper meal time behavior/etiquette in public place, restaurants, Pantry Demonstrate the use of social etiquette towards different people in different settings Demonstrate ways to maintain privacy in public washrooms and changing rooms. Practice simple first aid when required on self and others. Demonstrate ways of raising an alarm when bullied, abused. Demonstrate the ways of engaging in meaningful communication with others in varioussituations. Demonstrate ways of making appropriate choice for themselves like Selection of outfit according to their own gender and age, selection of items of their choice from the Menu Demonstrate ways of handling common safety hazards in the surroundings with care 		
Classroom Aids			
Whiteboard and Markers, Chart paper and sketch p	pens, LCD Projector and Laptop for presentations		
Tools, Equipment and Other Requirements			
PCs/Laptops, Internet with Wi-Fi (Min 2 Mbps Dedi	cated), Visual Schedule, Picture Cards, Flashcards, Me		
Books, LCD TV, Projector, Smartphones, iPod, Noise	e LESS Earphones, Tablet/I-PAD, Laptop, etc.		









Module 2: Work Related Skills Bridge Module PWD/M/ID/04 V1.0

Terminal Outcomes:

- Demonstrate basic work-related etiquettes.
- Demonstrate social emotional maturity at workplace such as problem solving, assistance seeking andothers.
- Discuss the importance of practicing work ethics and standard norms.

Demonstrate various forms of motor skills	s to perform physical activity in workplace.
Duration: 20:00	Duration: 100:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
	carrying objects/equipment from one place to another, pouring water into a glass from the Jug etc
Classroom Aids	
Whiteboard and Markers, Chart paper and sketch pens, LCI) Projector and Lapton for presentations

Whiteboard and Markers, Chart paper and sketch pens, LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements

PCs/Laptops, Internet with Wi-Fi (Min 2 Mbps Dedicated), Visual Schedule, Picture Cards, Flashcards, Me Books, LCD TV, Projector, Smartphones, iPod, Noise LESS Earphones, Tablet/I-PAD, Laptop, etc.









Module 3: Bridge Module Mapped with PWD/N1501 V1.0

Terminal Outcomes:

- Describe in brief about JSS scheme
- Recognize various employment opportunities for Assistant Dress Maker

Duration: 02:00	Duration : 03:00+3:00			
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes			
 Explain the JSS Scheme Explain about the scope of Assistant Dress Maker 	 List appropriate methods for making Men's, Women's, and Children's wear Create a catalogue with trending pics of the garments 			

Classroom Aids:

Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster

Tools, Equipment and Other Requirements









Module 4: Identification & maintenance of tools& equipment PWD/N1501 V1.0 Terminal Outcomes:

- Identify Tools and Equipment for measuring, drafting and cutting
- Identify the machine & various parts and functioning of a sewing machine
- Demonstrate safety measures while using tools

Duration: 03:00	Duration : 07:00+07:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Identify tools for cutting, tailoring & dress making Explain the functioning of sewing machine Identify the parts of the sewing machine Explain the functioning of sewing machine Describe safety measures while using tools & equipment 	 List tools & equipment for measuring, drafting, cutting List the parts of the sewing machine Demonstrate use of tools & equipment safely Demonstrate use of hand/foot sewing machine to stich a sample

Classroom Aids:

Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster

Tools, Equipment and Other Requirements









Module 5: Cutting, Drafting & Basic Techniques of Dress Making PWD/N1502 V1.0

Terminal Outcomes:

- Identify clothing design categories
- Explain significance of tracing & size charts
- Identify the basics of drafting and use of tools required in fabric cutting
- Identify different type of cutting techniques
- Demonstrate basic stitches on the garment

Duration: 20:00	Duration : 50:00+45:00	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 Describe the clothing design categories Identify tools/material for tracing Explain the importance of tracing according to fabric Discuss about the size charts Discuss how to take direct measurement Describe cutting techniques for various categories of clothing & fabric 	 Demonstrate basic stitches on the garment Demonstrate different ways of tracing Demonstrate drafting methods (direct & standardized) Create pattern drafting for the variations in pockets & collars Demonstrate accessories for different clothing categories (Men's, Women's & Children's) Demonstrate precision in cutting fabrics for various categories of clothing 	

Classroom Aids:

Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster

Tools, Equipment and Other Requirements









Module 6: Sewing of various categories of Clothing (Men's, Women's & Children's wear) PWD/N1503 V1.0

Terminal Outcomes:

- Identify the various stiches and use it appropriately according to the dress requirement
- Demonstrate how to join the components of the dress as per size and category

Duration: 15:00	Duration: 60:00+60:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the methods of sewing various types of clothes Discuss techniques of closure and surface detailing 	 List the methods & techniques of sewing Demonstrate application of pattern making and sewing techniques to clothing according to size and category Create a sample by sewing attachment and different closures of garments

Classroom Aids:

Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster

Tools, Equipment and Other Requirements









Module 7: Alteration & Correction PWD/N1504 V1.0

Terminal Outcomes:

- Identify tools required for making alterations in the dress
- Identify methods of alteration as per record
- Explain the significance of customer wise record keeping

Duration: 05:00	Duration : 10:00+10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Define methods of alteration and correction Identify the need for alteration and correction of garments Identify tools for alteration and correction of garments Discuss importance of size and fit of the dress material during alteration & correction Explain importance of record keeping 	 Prepare work station with necessary tools for alteration & correction List common requirement for alteration and correction in the garment Create customer wise record of alteration & correction

Classroom Aids:

Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster

Tools, Equipment and Other Requirements









Module 8: Employability Skills for Persons with Disabilities (70 hours)

Mapped to PWD/N0501

Terminal Outcomes:

- Introduction to Employability Skills
- Constitutional Values: Citizenship
- Becoming a Professional No. of Hours Page No. in the 21st Century
- Basic English Skills
- Communication Skills
- Essential Digital Skills
- Diversity and Inclusion
- Financial and Legal Literacy
- Career Development and Goal-Setting
- Customer Service
- Getting Ready for Apprenticeships and Jobs
- Disability Specific Skills
- Entrepreneurship

Introduction to Employability Skills Duration: 3 Hours

After completing this programme, participants will be able to:

Explain the Importance of Employability Skills

List the benefits of e learning

Explore the Future of Work

Constitutional values - Citizenship Duration: 2 Hours

2.1 Explain the Constitutional Values, including civic rights and duties, citizenship, responsibility towards society and personal values and ethics such as honesty integrity, caring and respecting others that are required to become a responsible citizen and its Guiding Principles, basic details of RPwD Act 2016, different types of disability, flagship schemes of the Department including Skilling, Scholarship, ADIP and UDID cards

2.2 Practice ways to Protect the Environment

Becoming a Professional in the 21st Century Duration: 3 Hours

- 3.1 Discuss importance of relevant 21st Century Skills on Employability
- 3.2 Exhibit 21st century skills in personal & professional life about self-qualities including abilities & disability,
- 3.3 Describe the benefits of Critical Thinking and Decision-Making

Basic English Skills Duration: 10 Hours

- 4.1 Discuss the importance of learning English
- 4.2 Describe words, objects, surroundings, and processes using adjectives
- 4.3 Illustrate benefits of being attentive during communication
- 4.4 Differentiate between response & questions
- 4.5 Use expressions appropriately to convey information to others
- 4.6 List different types of sentences
- 4.7 Apply punctuations appropriately in a sentence
- 4.8 Write simple sentences using correct words order
- 4.9 Read and understand Job descriptions to one's own skills & education
- 4.10 Write applications and cover letters in various contexts

Communication Skills Duration: 5 Hours

- 5.1 Discuss importance of Communication, types, and characteristics of effective communication
- 5.2 Write letter, email, resume etc
- 5.3 Practice non-verbal communication appropriately in different contexts
- 5.4 Practice communication effectively (formal and informal)
- 5.5 Use text messaging for effective workplace communication









Essential Digital Skills Duration: 10 Hours

- 6.1 Discuss significance of digital skills in everyday life/work
- 6.2 Recognize parts & functions of a computer & its operation with screen reader software
- 6.3 create MS Word file using all basic features
- 6.4 Discuss significance of Search Engines to find relevant information using keyboards
- 6.5 Operate Social Media platforms safely
- 6.6 Discuss significance of safe search and protection from cyber crime
- 6.7 Use Email effectively for sharing files and other documents
- 6.8 Explain ways to learn using Mobile Applications
- 6.9 Create meeting invite using Online Meeting Tools like google meet/Zoom
- 6.10 Explore Popular Sites for Learning and Career Growth

Diversity & Inclusion Duration: 3 Hours

- 7.1 Describe value of Diversity in the workplace
- 7.2 Support in creating Inclusive workplace
- 7.3 Follow Prevention of Sexual Harassment in the Workplace [POSH]

Financial and Legal Literacy Duration: 6 Hours

- 8.1 Manage income and monthly expenditure
- 8.2 Understand processes & basics of banking like types of accounts, and doing transactions safely using passbooks, cheques, debit, and credit cards
- 8.3 Operate online banking and Digital Transactions
- 8.4 Make online payments securely
- 8.5 Make effective saving plans
- 8.6 Use policies and guidelines of the Government appropriately on requirement

Career Development & Goal Setting Duration: 5 Hours

- 9.1 Prepare oneself for the World of Work
- 9.2 Match Interests and Abilities with the choice of Career
- 9.3 Create a career pathway
- 9.4 Conduct Market scan for employment opportunities
- 9.5 Implement long term and short term goals in setting career

Customer Service Duration: 5 Hours

- 10.1 Provide services and build relationship with customer
- 10.2 Deal with different types of Customers
- 10.3 Identify Customer needs
- 10.4 Use simple techniques for communicating with Customers
- 10.5 Close Sales and take Customer feedback

Getting Ready for apprenticeship & Jobs Duration: 10 Hours

- 11.1 Maintain personal grooming and hygiene
- 11.2 Create resume
- 11.3 Prepare & follow up for an Interview
- 11.4 Decode Interviews in advance
- 11.5 Handlle rejection and failure
- 11.6 Participate in Industry Visit: 1 Hour
- 11.7 Make reflections post Industry Visit
- 11.8 Register on portals (Urban company, Helpr, etc) to explore relevant Job opportunities
- 11.9 Apply for Jobs using Online Portals
- 11.10 Enroll as Apprentice on NAPS









Disability Specific Skills Duration: 5 Hours

- 12.1 Prepare for Livelihood Reality
- 12.2 Identify key abilities and perform at par with others
- 12.3 Create solution-oriented approach towards challenges/barriers
- 12.4 Exhibit skills to gain respect
- 12.5 Create a harmonious work environment at the Workspace

Entrepreneurship Duration: 3 Hours

- 13.1 Recognize the roles and responsibilities of an entrepreneur
- 13.2 Differentiate between Self-Employment & Entrepreneurship
- 13.3 Conduct an effective Market Scan









Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational			Training Experience		Remarks	
Qualification		Years	Specialization	Years	Specialization	
ITI/Certificate	NA	2	NA	NA	NA	He/She should have knowledge of equipment, tools, materials, safety, health & hygiene. He/She may also be well versed with the Employability Skills including Life Enrichment Education issues etc.

Trainer Certification					
Domain Certification	Platform Certification	Disability specific Top Up training			
Certified trainers from the NCVET recognized Awarding Body/ies	scoring of minimum 80%. V2.0	The Inclusive Trainer should be certified in Disability Specific Top Up Training PWD/Q0101, v1.0 Trainer- PwD conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.			









Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
graduate	Merchandise r - Fashion, Made-Ups & Home Furnishings	NA	NA	NA	NA	NA

Assessor Certification				
Domain Certification	Platform Certification	Disability specific Top Up training		
Certified assessor from the NCVET recognized Awarding Bodies	"Assessor", "MEP/Q2701",with scoring of minimum 80% V2.0	The Inclusive Trainer should be certified in Disability Specific Top Up Training PWD/Q0101, v1.0 Trainer- PwD conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.		









Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the learner on the required competencies of the program.

- 1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for each PC.
- 2. Each NOS will be assessed both for theoretical knowledge and practical
- 3. The assessment will be based on knowledge bank of questions created by the SSC.
- 4. Individual assessment agencies will create unique question papers for theory and skill practical part for each candidate at each examination/training centre
- 5. To pass the Qualification Pack, every trainee should score a minimum of 50% in every NOS
- 6. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequentassessment on the balance NOS's to pass the Qualification Pack









References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective, or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.

Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards